



# Battling the Burnout

**Dr. Brittany Zimmer**

**March 6, 2025**

**6:00-9:00 PM**

- Keeping your mind and body healthy during stressful times
- Stretches and body positions
- Supplements
- Acupuncture

**Members: \$0**  
**Non-Members: \$50**

A light dinner will be served

**Blushstone Events**  
**8128 Beechmont Ave**  
**Cincinnati, OH 45255**

Register via email at

[tristatedentalmanagers@gmail.com](mailto:tristatedentalmanagers@gmail.com)

[www.tristatedentalmanagers.com](http://www.tristatedentalmanagers.com)

